



reducept

Dashboard Manual

Version: March 9th, 2021



Dashboard

The Reducept dashboard has been specially developed for practitioners. Through the dashboard, you can manage different users and devices, and monitor the performance of the different players under your treatment.

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Good to know before you start

Thank you for trying Reducept! We're going to tell you a little bit about the product, right after that you'll find instructions on how to make use of the dashboard within Reducept.

Target group

Reducept is designed for people with chronic pain. Chronic pain is defined as ongoing or recurring pain that lasts longer than the normal healing period for an illness or injury, or that lasts longer than three to six months. Reducept has been tested on people between the ages of 18 and 80. For younger children, we have no data on the efficacy of the product. For people 65 years of age or older, help is often needed to install and familiarize themselves with the program, but subsequently older people can also make improvements with the program.

Potential Risks

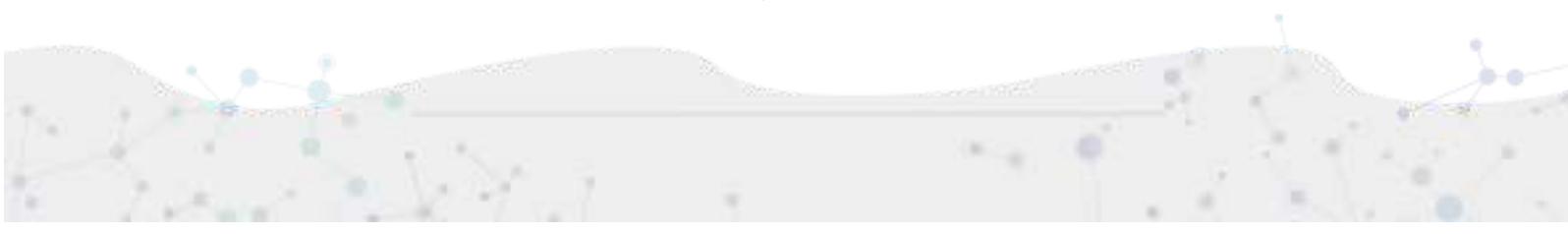
Reducept is used at your own risk. At this time, the app itself has few known risks. However, it is possible that playing on the VR-Headset may cause your patient some discomfort. If they experience more pain while playing, let them stop playing immediately and let them contact you.

For possible risks involved in playing on the VR-Headset, we recommend you read the manual of the VR-Headset.

Furthermore, it is possible that the patient may become dizzy from looking at the screen. If they experience this, let them stop playing and let them contact you.

Despite Reducept's psychosocial approach and the relatively low risk of the intervention, there are some criteria that are good to keep in mind when using Reducept. We do not recommend using Reducept when experiencing:

- Psychotic disorders: any disorder in which a patient has difficulty distinguishing between reality and the fictional world of VR can potentially lead to an increase in confusion
- Dementia: any disorder in which a patient has difficulty distinguishing between reality and the fictional world of VR can potentially lead to an increase in confusion
- Psychiatric comorbidity: we recommend that psychiatric comorbid disorders be treated before using Reducept
- Younger than 18 years: Reducept was developed for adults. At the time of writing, feasibility studies are being conducted on the application of Reducept in adolescents
- Audio-visual disorders: when they interfere with the use of VR





Current state of research

Within Reducept, we use a variety of psychological treatment techniques. For example, cognitive behavioral therapy, acceptance and commitment therapy, Mindfulness and Hypnotherapy¹. These techniques have been widely researched in the past and have proven to be effective.

Virtual Reality (VR) has also been widely researched in recent times for its effectiveness in treatment techniques with promising results.

Reducept has chosen to combine the well researched psychological treatment techniques with VR. To investigate the success of Reducept, several studies are currently underway.

For more information visit the website: reducept.com/science.

CE mark

Reducept has a CE mark. This mark certifies that the product complies with the applicable rules within the European Economic Area. The CE number is: 2019/682-01

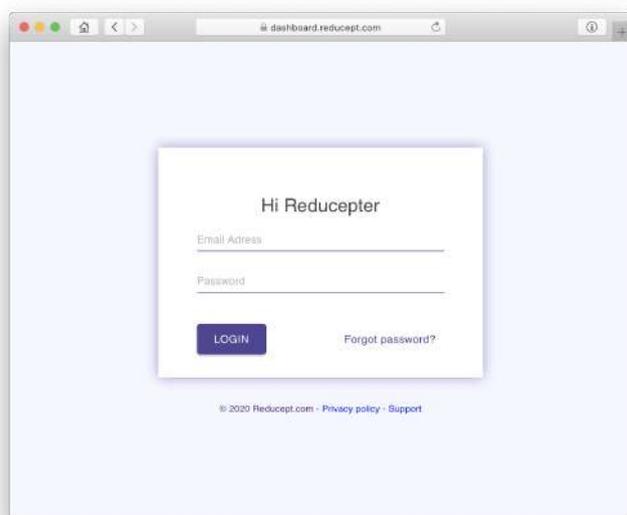
¹ Fennema & Zantema, 2019



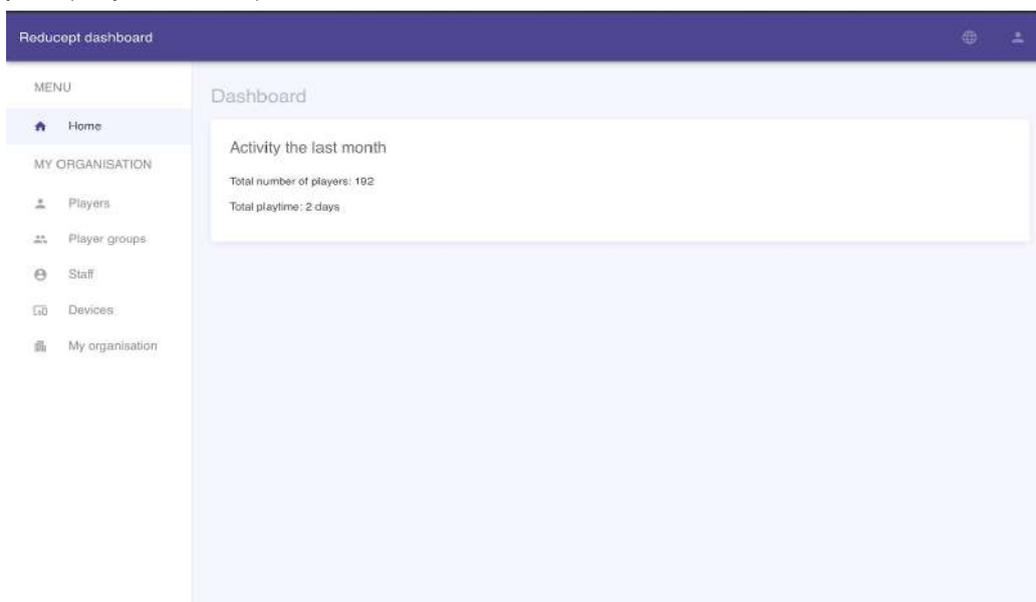


How to access the dashboard

1. Once received an email from Reducept with an invitation to create an account on the dashboard. Click on the link to go to the dashboard.
2. Choose a password and confirm your password on the login screen.



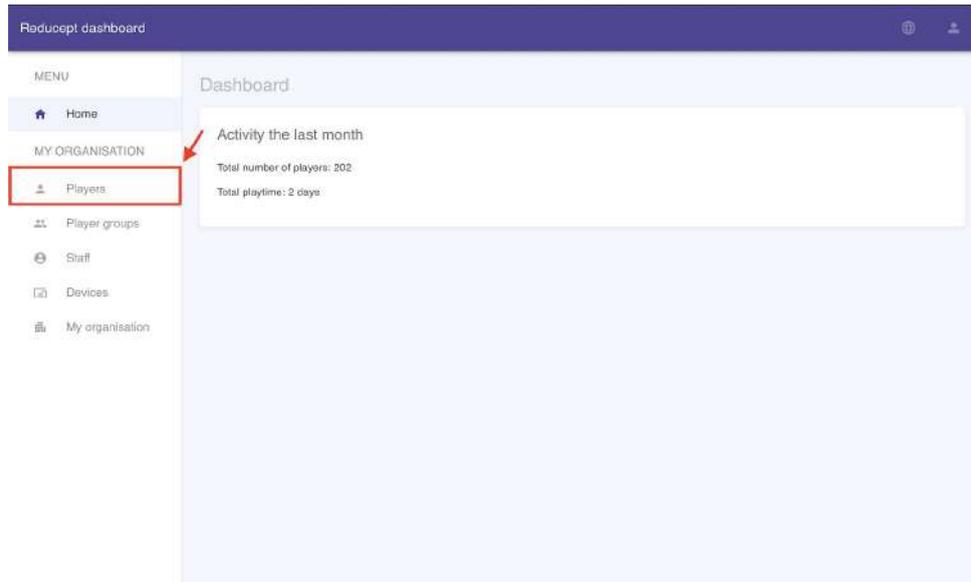
3. You will now see the Home screen of the dashboard with a summary of the activity of your players in the past month.



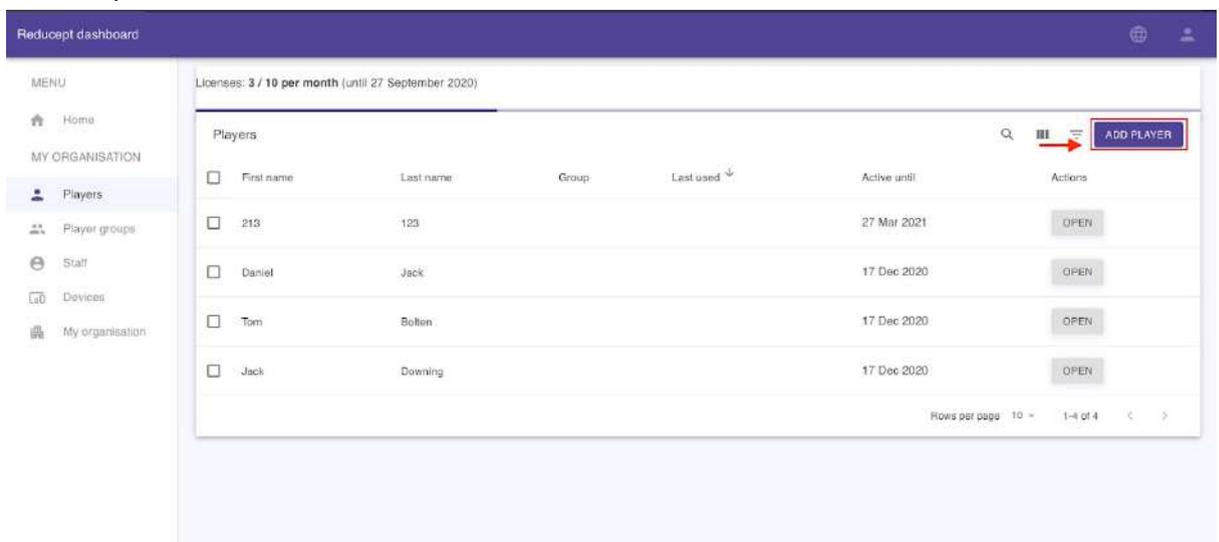


How to create new players

1. Open the 'Players' menu under 'My organization'.



2. You will now see an overview of all players linked to your organization. Click on the 'Add Player' button.



3. Several empty entry fields will appear in the player overview.
(NOTE: If home usage is not enabled then the email is not required)



Add Player

First name * Last name *

Email *

Group

Allow home usage HOME USAGE ENABLED

CANCEL SAVE

4. Fill in the details of the new player and then click the 'Save' button.

Add Player

First name * Last name *

Jack Ryan

Email

Group

Allow home usage HOME USAGE DISABLED

CANCEL **SAVE**

5. The new player has been added and appears in the game overview screen.

Licenses: 26 / 1000 per month (until 28 September 2020)

First name	Last name	Group	Last used	Active until	Actions
<input type="checkbox"/>	Jack	Ryan		10 Dec 2020	OPEN

Rows per page: 10 1-1 of 1

How to view player statistics

1. Open the 'Players' menu under 'My organization'.



Reducept dashboard

MENU

- Home

MY ORGANISATION

- Players**
- Player groups
- Staff
- Devices
- My organisation

Dashboard

Activity the last month

Total number of players: 202
Total playtime: 2 days

2. Click the "Open" button of the player for which you want to view statistics.

Reducept dashboard

Licenses: 3 / 10 per month (until 27 September 2020)

Players

<input type="checkbox"/>	First name	Last name	Group	Last used ⁺	Active until	Actions
<input type="checkbox"/>	213	123			27 Mar 2021	OPEN
<input type="checkbox"/>	Daniel	Jack			17 Dec 2020	OPEN
<input type="checkbox"/>	Tom	Bollen			17 Dec 2020	OPEN
<input type="checkbox"/>	Jack	Downing			17 Dec 2020	OPEN

Items per page: 10 1-4 of 4



3. In the statistics screen, you can see a summary of the sessions this player has played so far within the selected period.

Period selection

Date from: [calendar icon] Date until: [calendar icon]

Reset

3D Model of a Human Figure

Summary
In the period from 18 June 2019 to 18 December 2019 patient has, over the course of 122 sessions, played Redempt for a total of 11 hours. The average pain score at the beginning of these sessions was 7.92. The average pain score at the end of these sessions was 7.40. The average decrease in pain was 0.52.

Statistics
Number of sessions: 122
Total playtime: 11 hours
Average start pain score: 7.44
Average end pain score: 7.40

Activity

Line graph showing activity over time.

4. You can view statistics from a specific period by entering the start and end date of the desired period under 'Period selection'. The statistics screen will now show the player statistics from the desired period.

Period selection

Date from: 22-07-2020 [calendar icon] Date until: 08-09-2020 [calendar icon]

Reset

3D Model of a Human Figure

Summary
In the period from 23 July 2020 to 8 September 2020 patient has, over the course of 44 sessions, played Redempt for a total of 18 hours. The average pain score at the beginning of these sessions was 7.65. The average pain score at the end of these sessions was 7.44. The average decrease in pain was 0.21.

Statistics
Number of sessions: 44
Total playtime: 18 hours
Average start pain score: 7.65
Average end pain score: 7.44

Activity

Line graph showing activity over time.

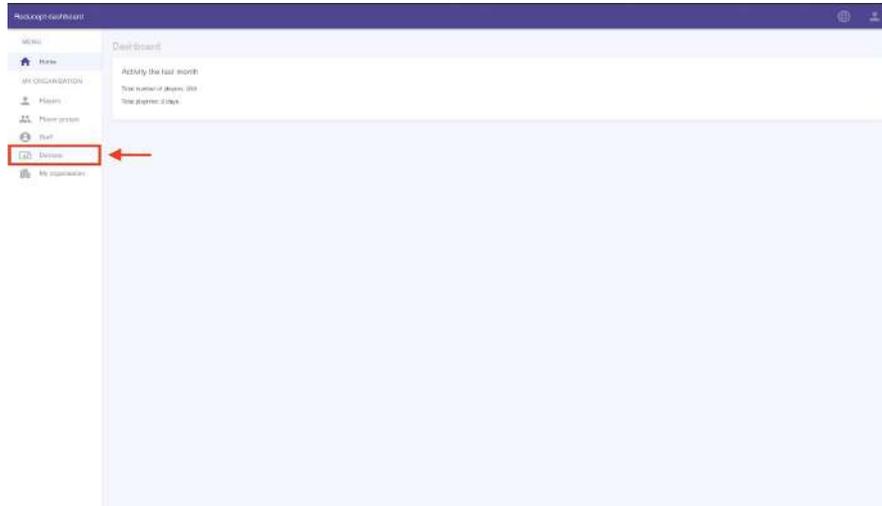


How to link devices to your organization

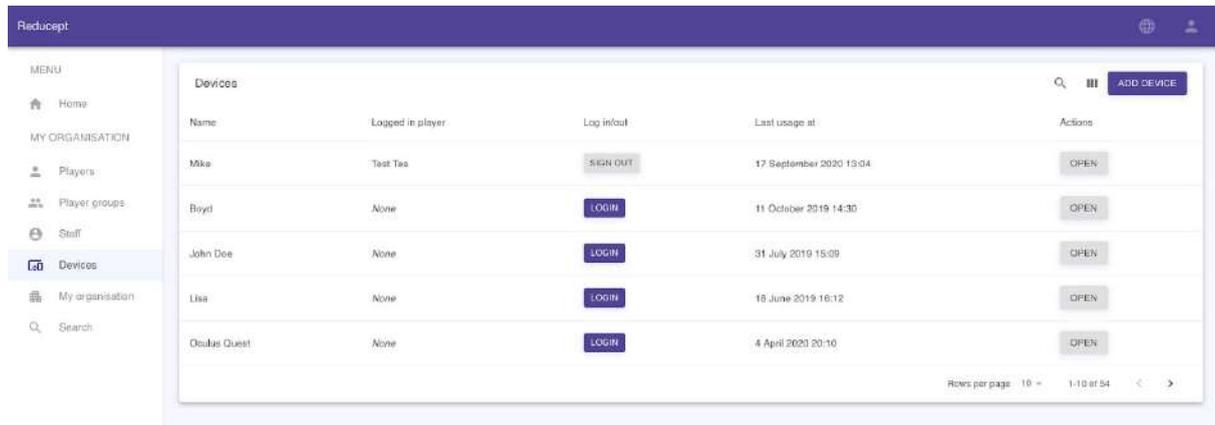
When you log in to your VR headset, Android, or iPhone with your login information, it is automatically added to the dashboard.

It can be useful to change the name of your device. You do this in the dashboard:

1. Open the 'Devices' menu under 'My organization'.



2. You will see the device overview screen where the new device has been added to the overview.



3. Click on 'Open'



Reducept

MENU

- Home

MY ORGANISATION

- Players
- Player groups
- Staff
- Devices**
- My organisation

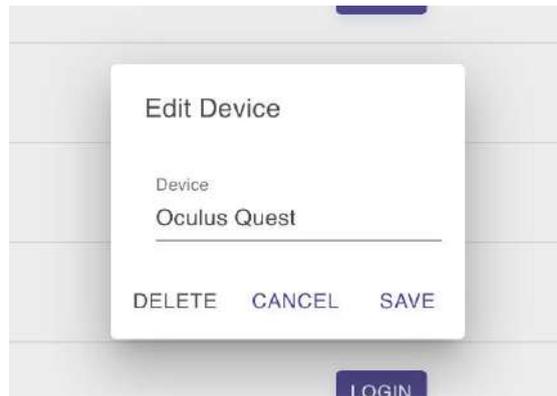
Search

Devices

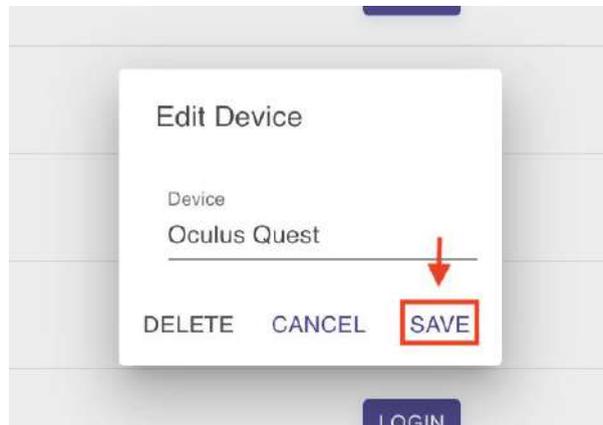
Name	Logged in player	Log in/out	Last usage at	Actions
Mike	Test Test	SIGN OUT	17 September 2020 13:04	OPEN
Boyd	None	LOGIN	11 October 2019 14:30	OPEN
John Doe	None	LOGIN	31 July 2018 15:09	OPEN
Lisa	None	LOGIN	18 June 2019 16:12	OPEN
Oculus Quest	None	LOGIN	4 April 2020 20:10	OPEN

Rows per page: 10 | 1-10 of 54

4. A dialog box will appear with the corresponding information.



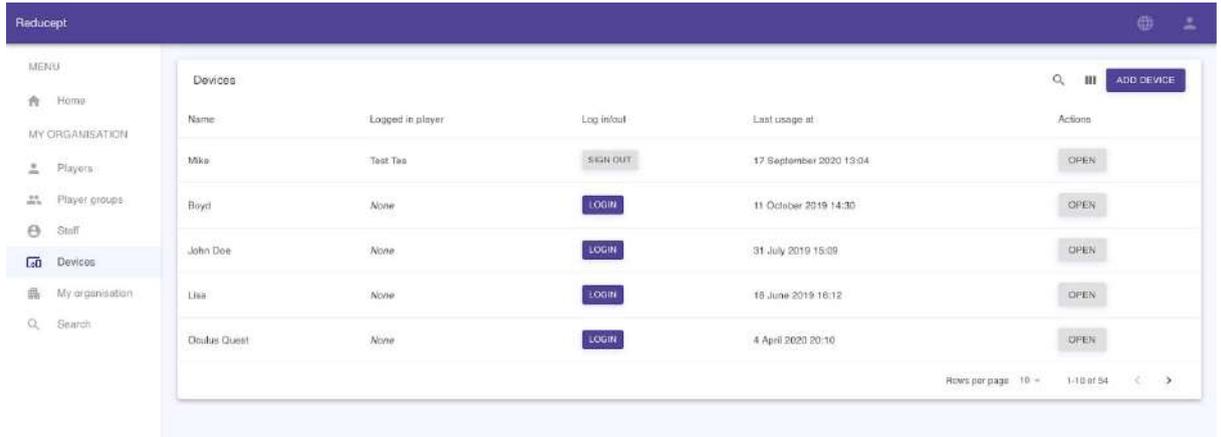
5. Now change the name and press 'Save'.



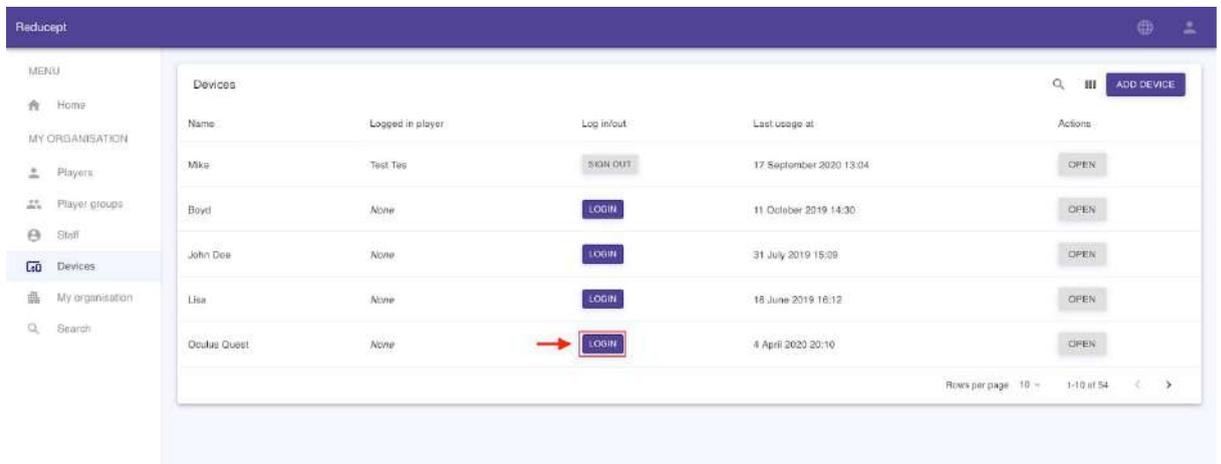


How to log players in and out of the Oculus Go

1. Open the 'Devices' screen under 'My organization'. You will see the device overview screen.

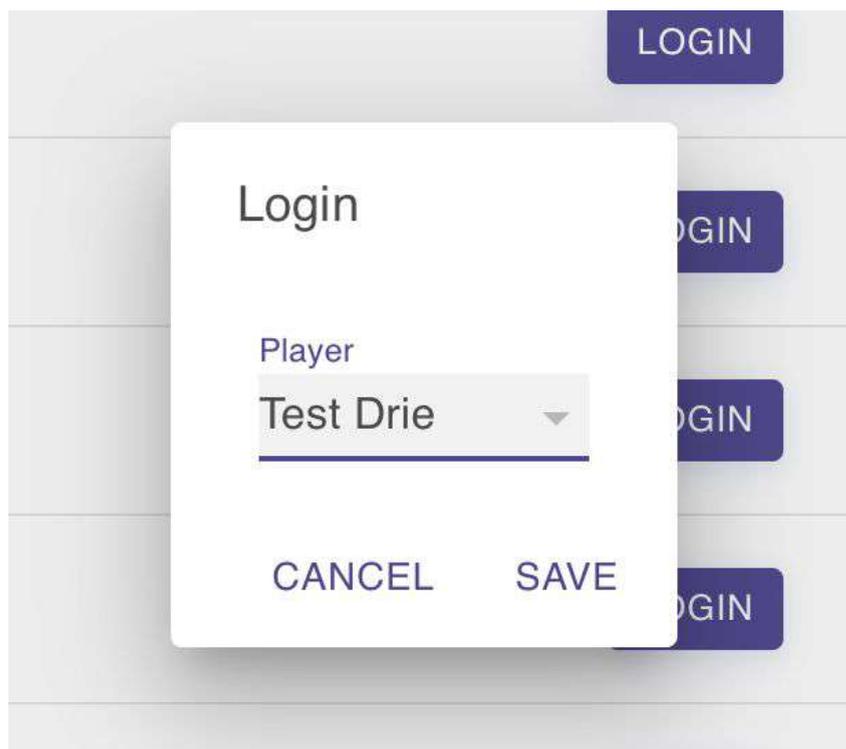


2. Click on the 'Login' button next to the device you want to use.



3. Select the name of the player you want to login to, and click 'Save'.





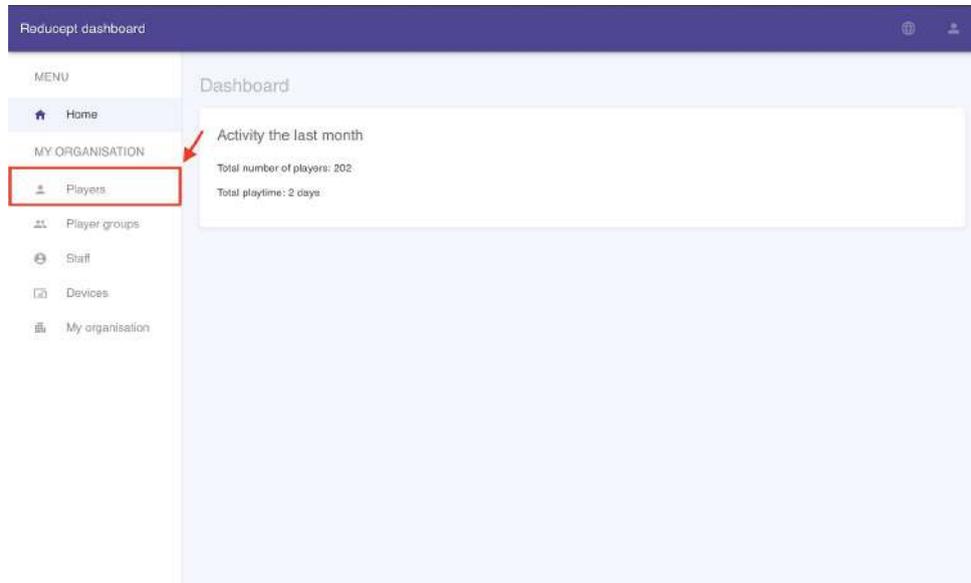
4. The selected player is now paired to the device!



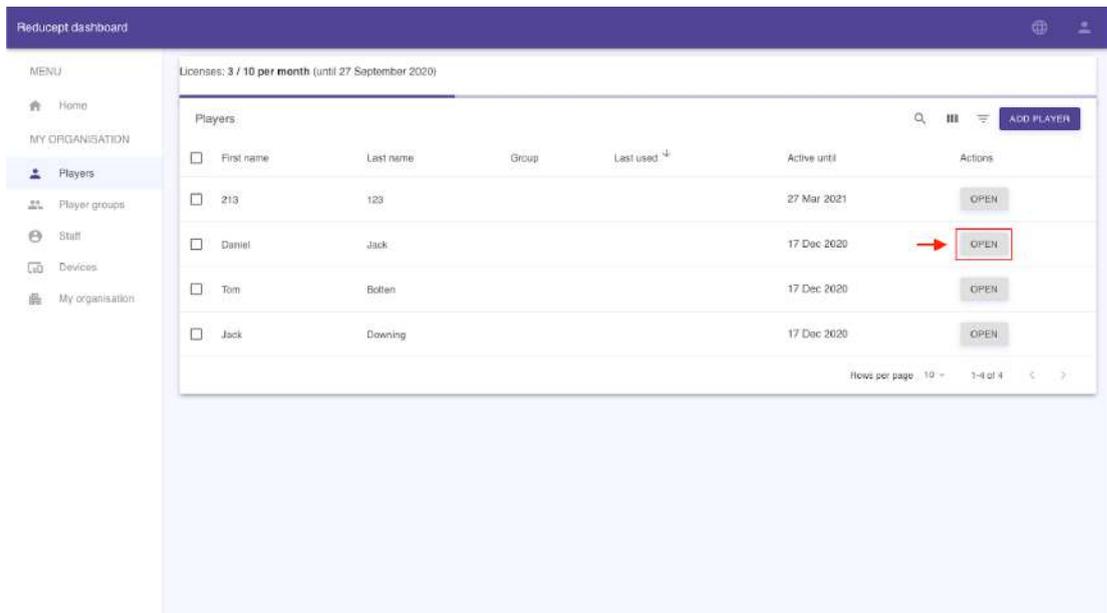


How to allow home use

1. Open the 'Players' screen under 'My organization'. You will see the game overview screen.

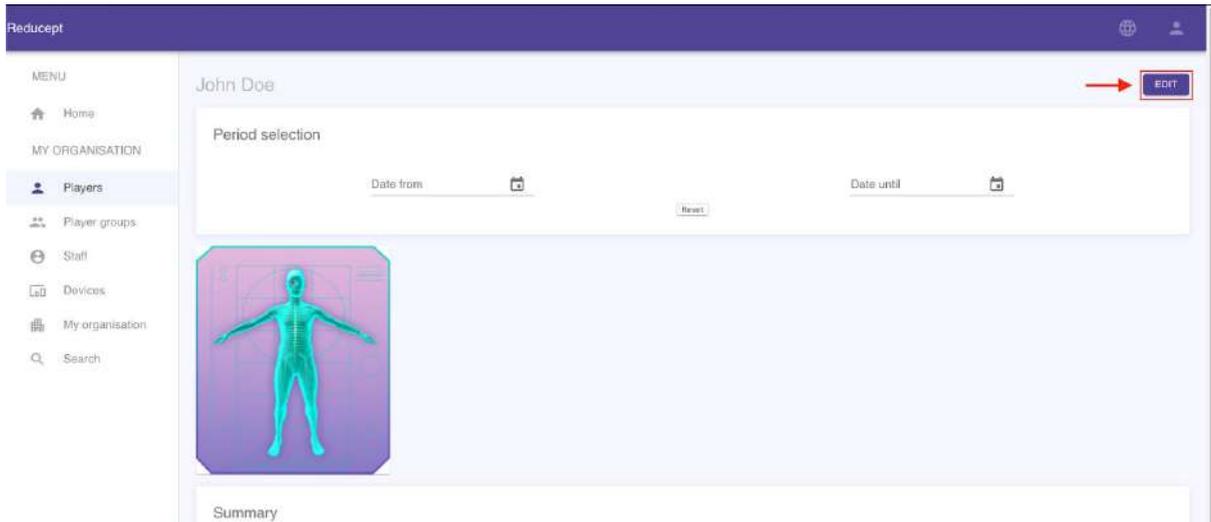


2. In the player overview screen, click on the 'Open' button for the new player

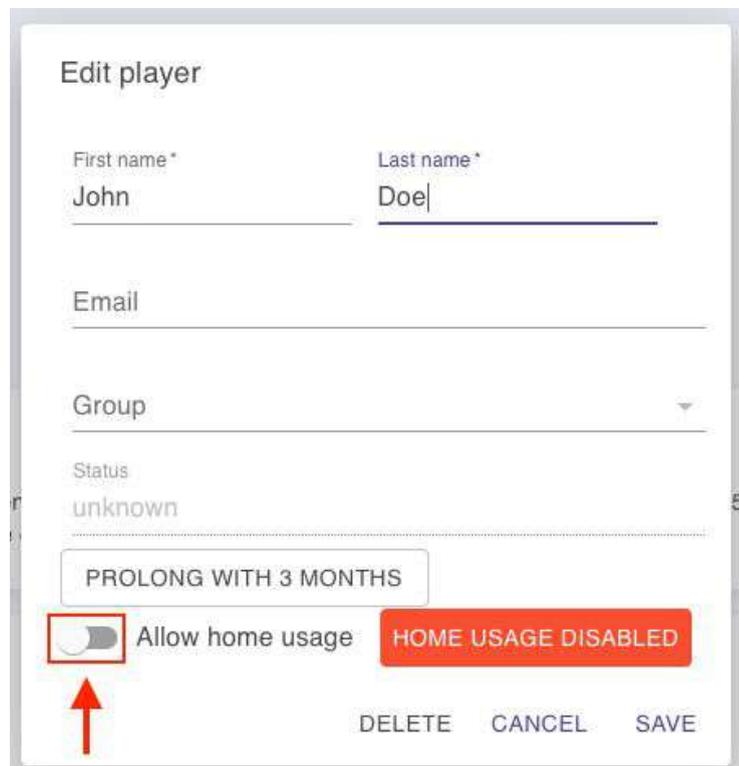




3. Click on 'Edit'.



4. Click on the button 'Activate home use' and fill in the email address.





5. You will now see the badge turn from red to green. Now click on 'Save'

The screenshot shows a form titled "Edit player" with the following fields and controls:

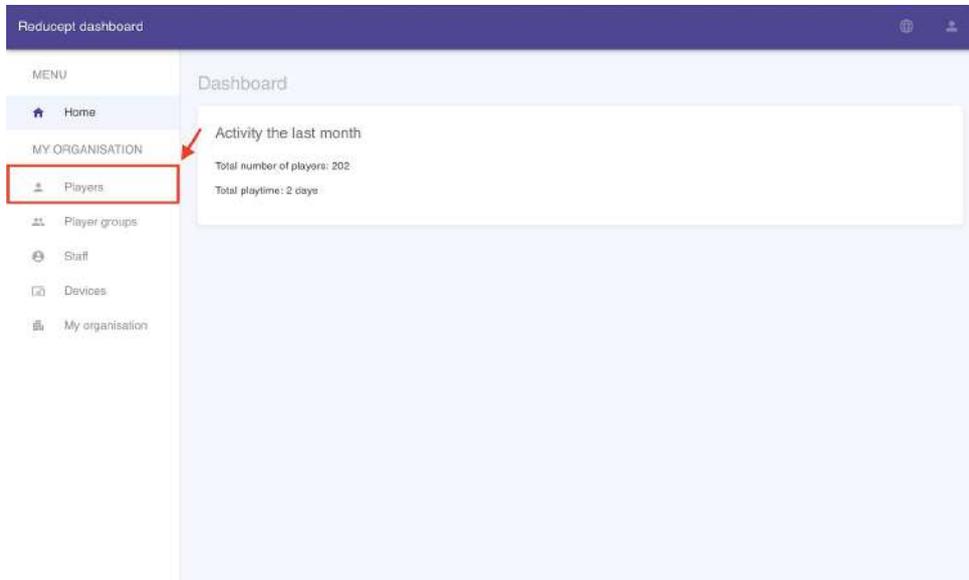
- First name***: John
- Last name***: Doe
- Email***: Johndoe@gmail.com
- Group**: (Dropdown menu)
- Status**: unknown
- PROLONG WITH 3 MONTHS**: (Button)
- Allow home usage**: (Toggle switch, currently turned on)
- HOME USAGE ENABLED**: (Green status indicator)
- DELETE**: (Button)
- CANCEL**: (Button)
- SAVE**: (Button, highlighted with a red box and a red arrow pointing to it)

6. The player will receive an email with instructions on how to create a Reducept account for home use.

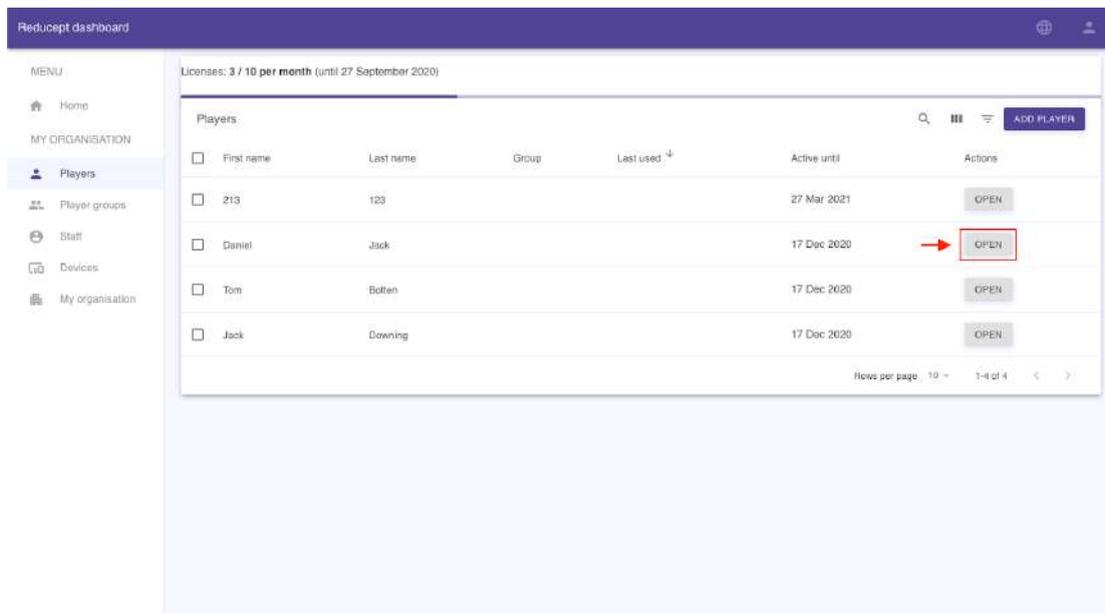


How to prolong a license

1. Open the 'Players' screen under 'My organization'. You will see the game overview screen.

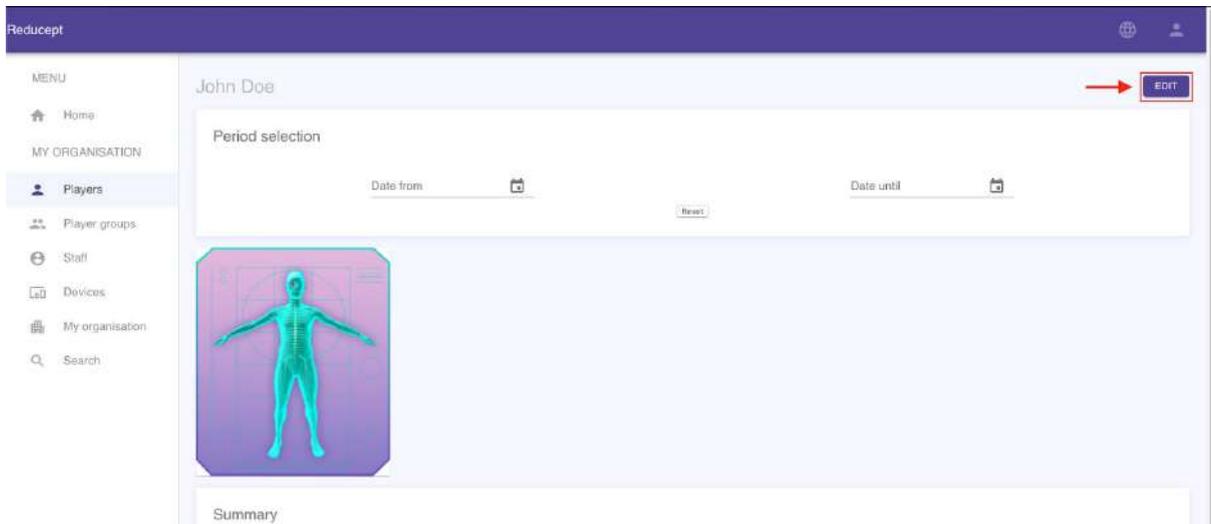


2. In the player overview screen, click on the 'Open' button for the new player

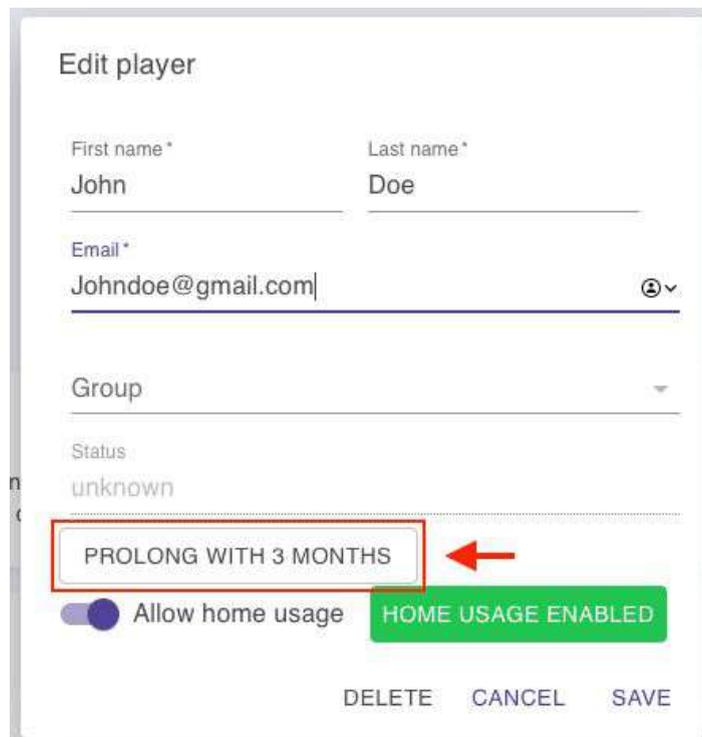




3. Click on 'Edit'.



4. Click Prolong with 3 months





5. Now click on 'Save'

Edit player

First name*	Last name*
John	Doe

Email*

Johndoe@gmail.com

Group

Status

unknown

PROLONG WITH 3 MONTHS

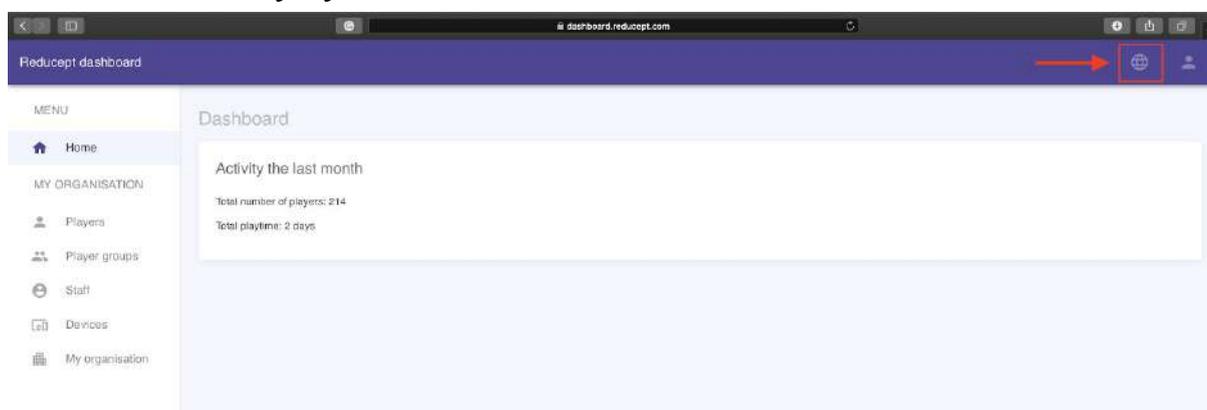
Allow home usage **HOME USAGE ENABLED**

DELETE CANCEL **SAVE**

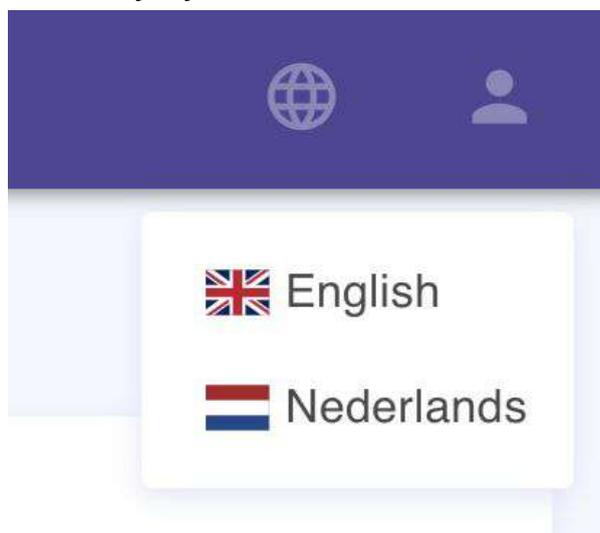


How to change languages

1. Select this highlighted icon on the toolbar



2. Select your preferred language

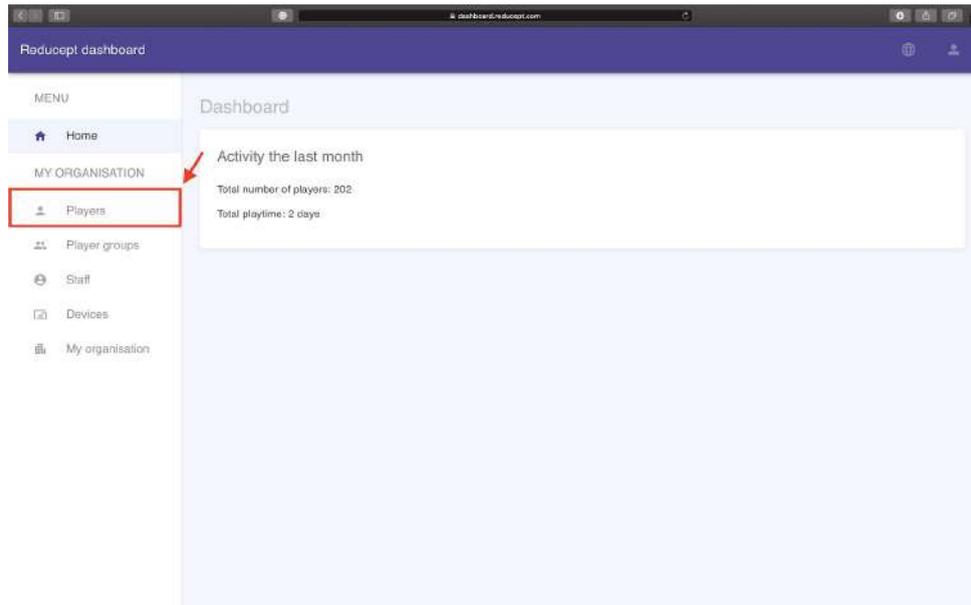


3. That's it.

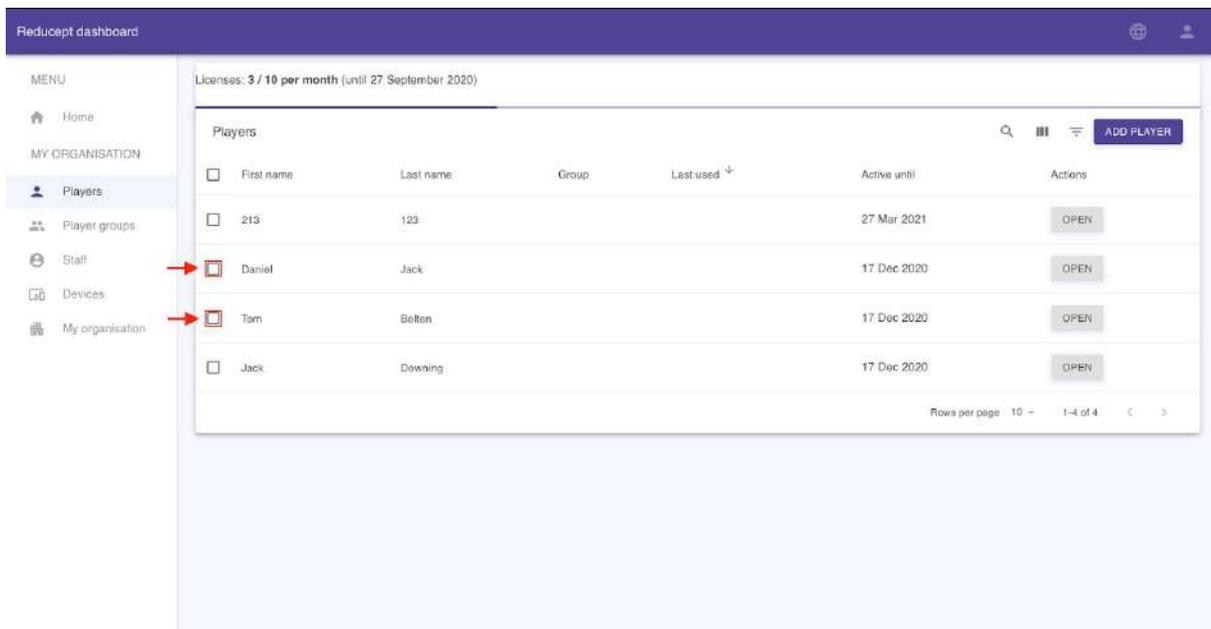


How to delete multiple players at once

1. Open the 'Players' screen under 'My organization'. You will see the game overview screen.

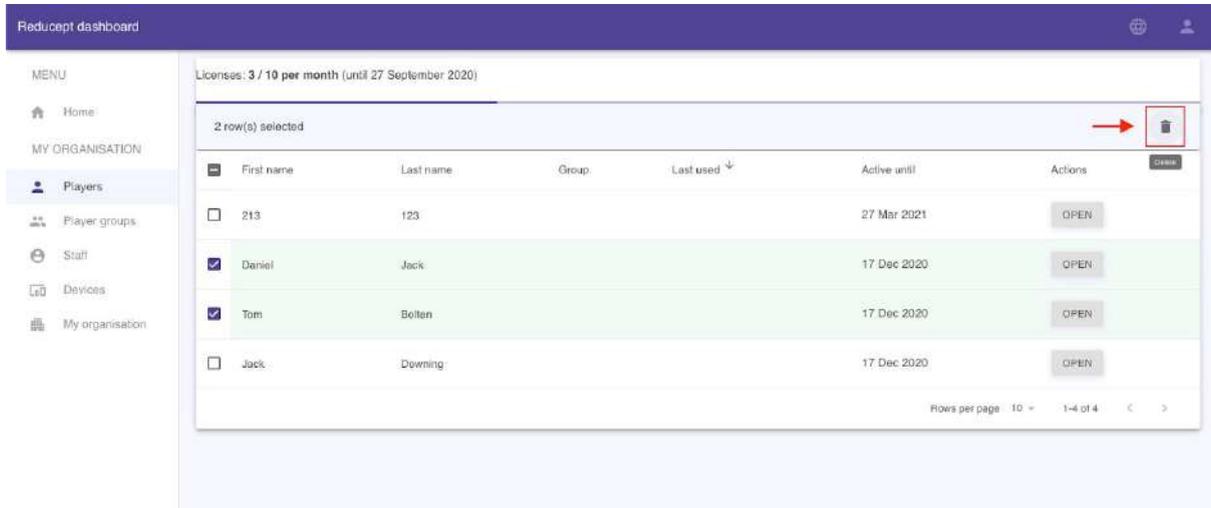


2. Select which players you would like to delete using the left-most box for each player respectively

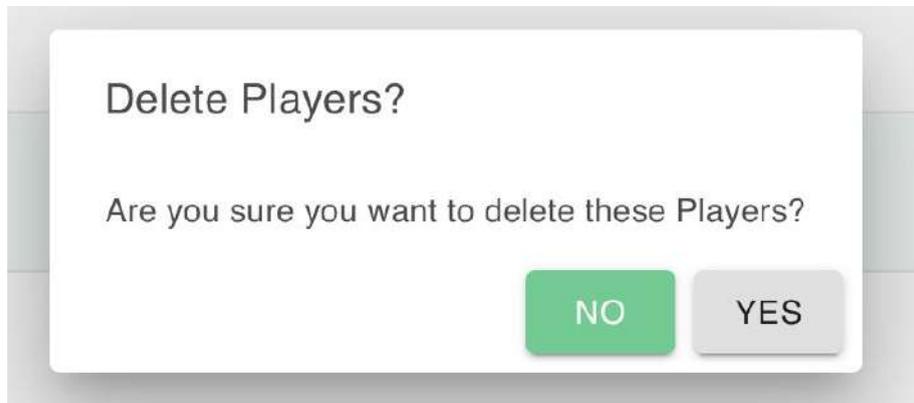




- Then in the top right corner click the delete icon, followed by a “yes” in the confirmation dialog box



- Click on the option you want:

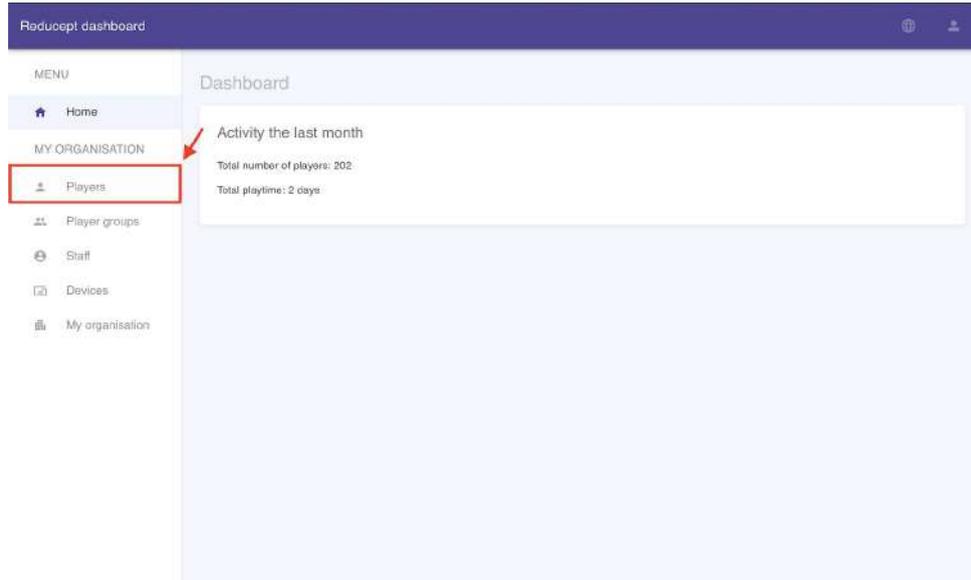


- Done!

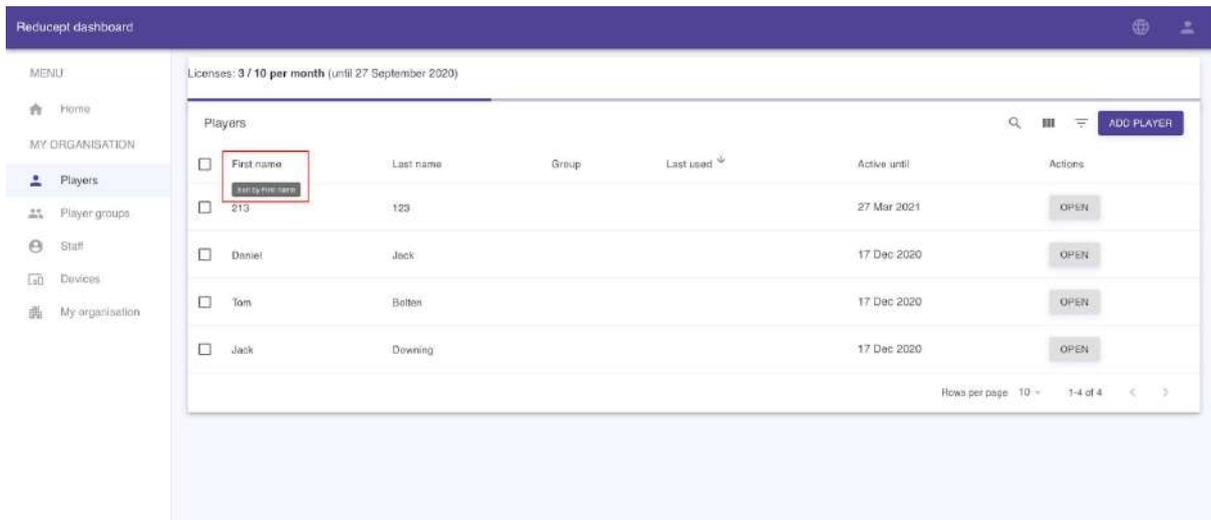


How to sort by a certain column

1. Open the 'Players' screen under 'My organization'. (This can be done in any other section eg. Player groups)



2. Click on a column which shows a tooltip if however over the column name.



3. You can then view the sorted list in your best interest!



Reducept dashboard

MENU

- Home
- MY ORGANISATION
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Licenses: **3 / 10 per month** (until 27 September 2020)

Players

<input type="checkbox"/>	First name ↑	Last name	Group	Last used	Active until	Actions
<input type="checkbox"/>	213	123			27 Mar 2021	OPEN
<input type="checkbox"/>	Daniel	Jack			17 Dec 2020	OPEN
<input type="checkbox"/>	Jack	Downing			17 Dec 2020	OPEN
<input type="checkbox"/>	Tom	Bolton			17 Dec 2020	OPEN

Rows per page 10 1-4 of 4

ADD PLAYER